



Three Bean and Basil Salad

The Italian seasoning trio of olive oil, garlic and fresh basil works its flavouring magic here on a trio of simple beans.

Preparation time: 5 minutes

1 can (16 ounces) cannellini beans, rinsed and drained
1 can (16 ounces) light red kidney beans, rinsed and drained
1 can (19 ounces) red kidney beans, rinsed and drained
2 cloves garlic, crushed
3 tablespoons extra virgin olive oil
1 tablespoon lemon juice
season with salt and pepper
½ bunch fresh basil leaves, torn

- 1.** Rinse all the drained beans well under cold running water. Drain
- 2.** Combine the beans in a large serving bowl or flat white platter
- 3.** In a lidded jar, combine the garlic, olive oil and lemon juice. Shake well. Pour over the beans. Season to taste with salt and pepper.
- 4.** Toss in the basil leaves
- 5.** Enjoy!